

## Activity Instructions

The following items will be needed for this activity:

- chocolate bars on cardboard tray (see *Prep Instructions*)
- microwave
- refrigerator
- ruler

### Step 1

Remove the chocolate bars from the refrigerator and place them in the microwave, aligned parallel to the microwave door (**Figure 1**). Microwave the chocolate on high for 90 seconds. If surface melting is not visible after 90 seconds, continue heating the chocolate in ten-second increments until the surface of the bars begins to melt.



Figure 1

### Step 2

Keeping the cardboard level, remove the chocolate from the microwave. The cardboard may be warm at this point, but not hot enough to burn. **Figure 2** provides an example of dark chocolate melted at the antinodes, while **figure 3** shows milk chocolate melted at the antinodes. The milk ingredients increase the conduction of heat through the chocolate and result in antinodes which melt broadly.



Figure 2



Figure 3

### Step 3

Carefully place the chocolate and cardboard tray back into the refrigerator to harden the chocolate (**Figure 4**).

### Step 4

After the chocolate has hardened, use a ruler to measure the distance between the melted antinodes in the chocolate. Some melted regions should be separated by a distance of approximately 12 cm. This distance corresponds to the wavelength of the microwaves.



Figure 4

### Step 5

Check the safety label located at the back of the microwave to determine the frequency of the electromagnetic waves in MHz or GHz. Most standard microwave ovens emit waves at a frequency of 2.45 GHz ( $2.45 \times 10^9$  Hz).

### Step 6

Using the formula  $\lambda f = v$ , the experimentally measured wavelength may be used to calculate the speed of light. If the microwave and refrigerator are food safe, the chocolate may now be eaten.